Cochrane Collaborative Review Group on HIV Infection and AIDS

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**Project Description:** The Cochrane Collaborative Review Group on HIV Infection and AIDS (Cochrane HIV/AIDS Group) is one of 50 Collaborative Review Groups of the Cochrane Collaboration. The Cochrane HIV/AIDS Group, with editorial bases at the University of California, San Francisco (UCSF), and the South African Medical Research Council (MRC), Cape Town, brings together individuals from around the world who share an interest in preparing, disseminating, and updating systematic reviews of rigorous HIV/AIDS prevention, treatment, palliative care and pain management research as well as enhancing the science of evidence-based health care.

**Significance:** Systematic reviews and meta-analyses are considered to be the best source of evidence for evidence-based clinical and public health practice. At the forefront of the evidence-based medicine movement is the Cochrane Collaboration, an international network of health care professionals, researchers, and consumers committed to developing and maintaining comprehensive, regularly updated, high quality systematic reviews of health care interventions across all medical specialties. More than 10,000 people from over 80 countries contribute to the work of the Cochrane Collaboration. Our own Group has over 150 active members from more than 20 countries. Our goal is to answer important questions regarding the state of the evidence of HIV/AIDS prevention, treatment and care interventions. As of this writing in March, 2005, we have 24 completed systematic reviews and 55 reviews in progress in all areas of HIV prevention, treatment, palliative care, and health care services. About 30 of the reviews in progress are at advanced stages of completion. We work very closely with our collaborating group at the South Africa Cochrane Centre, and have developed a mentoring program to assist new reviewers in sub-Saharan Africa. This helps African researchers to learn the process of conducting a systematic review, and helps us to be sure that the reviews we are conducting are relevant to the areas of the world most impacted by the AIDS pandemic. We are working with policy makers at the national and international levels to disseminate the results of our reviews, and have produced documents used by the Council on Foreign Relations, the Institute of Medicine, South Africa’s Treatment Action Coalition, South Africa’s MRC (at a national level), the US State Department, the World Health Organization, and various other national and international non-governmental organizations.

**Interesting Findings:** Some examples of findings from Cochrane reviews are listed here. There is no evidence that nonoxynol-9 microbicide protects against vaginal acquisition of HIV infection by women from men; in fact, there is evidence that it may do harm by increasing the frequency of genital lesions, which may increase the risk of HIV infection. Many more rigorous evaluations of HIV prevention efforts with MSM are needed to ascertain with confidence the effects of specific intervention components, population characteristics, and methodologic features, in particular with interventions of HIV+ MSM. The results from existing observational studies show a strong epidemiological association between male circumcision and prevention of HIV, especially among high-risk groups, yet insufficient evidence is presently available to support an interventional effect of male circumcision on HIV acquisition in heterosexual men. The results of larger randomized trials (presently underway) will need to be carefully considered before circumcision is implemented as a public health intervention for prevention of sexually transmitted HIV.

**Project Web Site:** www.igh.org/Cochrane/